

Peer Support

Join the journey!

December 2, 2020

Oklahoma Peer Support Groups A to Z

Ada

Currently Closed
Contact George 405-254-3994

Bethany

Bethany Church of Christ
3301 N. Rockwell
Thursday 7:00 PM
Contact Iva 405-373-0059
Contact2 Cynthia 405-639-9623

Edmond

Edmond Public Library
Temp suspended TBA
Contact Sarah 405-388-5695
Contact 2 Charlie 405-330-0642

Seventh Day Adventist Church
Currently Closed
Contact George 405-254-3994

Lawton – Southwest

Lawton Public Library
110 SW 4th St.
Monday 6:30 PM
Contact Laura 580-536-1251
Contact 2 John 580-483-4942

Midwest City

St. Mark's Lutheran
7501 E. Reno Midwest City
Tuesday 6:30 PM
Contact 1 Dawn 405-464-5252
Contact 2 Diane 405-679-5214

Norman

McFarlin Methodist Church
Currently Closed
Contact Diane 405-503-1948
Contact 2 Jackie 405-596-5616

Oklahoma City

State Office 1
3000 United Founders Blvd.
Ste.104
Monday 6:30 PM
Contact Ricky 405-413-9301

State Office 2
3000 United Founders Blvd.
Ste.104
Wednesday Noon
Contact Ricky 405-413-9301

Homeless Alliance Day Shelter
1729 NW 3rd Street
Monday 10:30 AM
Contact George 405-254-3994

Crossings Church
Room 232
Monday 6:30 PM
Contact George 405-413-7778

LGBTQ+ Support Group
Currently Closed
Contact George 405-254-3994

Lottie House Drop In Center 1
Currently Closed
Contact Sonya 405-600-3074

Lottie House Drop In Center 2
Currently Closed
Contact Bianca 405-999-2951

OCARTA Drop-In Center
Currently Closed
Contact John 405-209-7347
Contact 2 Tyler 405-436-4083

Shawnee

Temporarily Closed
Contact George 405-254-3994

Stillwater

First Presbyterian Church
524 Duncan
Tuesday 6:30 PM
Contact Karen 405-624-1518
Contact 2 Allison 405-714-3166

Tahlequah

First Lutheran Church
Contact Johnny 918-207-8366

Tulsa

Denver House
Currently Closed
Contact Jennifer 1-918-927-8015

Yukon

First Christian Church
601 Maple
Tuesday 7:00 PM
Contact Renee 405-209-7477

NOTE: Many changed due to Pandemic

Our Mission

To provide hope, help,
education, and support to
improve the lives of people
with mental health disorders.



Depression and Bipolar
Support Alliance
Oklahoma

405-254-3994

www.dbsaok.org

Like us on facebook @DBSAOK

office@dbsaok.org